Easterseals MORC

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Message From The Community Team Supervisor

Welcome!

Our Community Team is comprised of five LMSW consultants who have additional certifications/licenses. Each bringing unique expertise and passion in a variety of focus areas.

We partner with daycare centers, schools, hospitals, the Department of Health and Human Services (DHHS), and many other organizations to provide meaningful support and collaboration.

We look forward to connecting with you. If you have questions or would like to explore opportunities to work together from trainings, MI Model of Health, groups in a school setting, and more please do not hesitate to reach out at any time.

Jessica Glowacz, LMSW CAADC-DP
jglowacz@eastersealsmorc.org

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Easterseals MORC Community Team Newsletter!

We are excited to share this space with our valued community partners. Together, we play an important role in supporting children, families, and individuals across our communities. This newsletter is designed to keep you informed about our services, community initiatives, collaborative partnerships, and resources that help strengthen the systems of care we collectively provide.

About This Newsletter

Our goal is to help you learn more about our team, our areas of expertise, and the ways we can support the individuals and families you serve. We hope each edition sparks new opportunities for collaboration and highlights resources that can make a meaningful impact in our community.

In future newsletters, you'll find:

- Upcoming events and community initiatives
- Insights from our subject matter experts
- Training and professional development opportunities
- Resources and tools for community partners
- Success stories and collaborative partnerships

We look forward to working together to build stronger, healthier, and more connected communities.
Thank you for your partnership and the work you do every day to support those we serve.

Consultant Team Introductions

Jenny Hoggatt, LMSW
Trauma Informed Care

Stephanie Schiff, LMSW
Integrated Health

Easterseals MORC Mental Health Consultants

Our Mental Health Consultants are here to support the needs of mental health professionals, educators, school staff, students, caregivers in relation to the psychological trauma exacerbated by the pandemic and recent mass violence incidents our state has experienced. They also support our work with CCBHC by ensuring we have ongoing education to all staff to continue to allow them to grow in their expertise around trauma. Our team specializes in trauma informed care, integrated health, early childhood and infant mental health, and various modalities to support evidence based group work.
Our team of Mental Health Consultants:

- Provide professional development trainings that are based on needs expressed both internally and externally through organizational assessments
- Assist organizations and schools in completing needs assessments, and providing education and training in implementation of mental health screenings, assessments and evidence-based practices.
- Conduct evidence-based groups within your community.
- 1:1 consultation with organizational leaders and staff regarding trauma-informed care, systematic approaches, and data collection

How Do I Meet With A Mental Health Consultant?
Reach out EM_MHC_Team@eastersealsmorc.org

Heather Craft, LMSW
Group Facilitator

Jennifer Smith, LMSW, IMH-II
Early Childhood and Infant Mental Health

New Team Member Alert

Lyndsey Kondor, LMSW
Early Childhood and Parent Support

Lyndsey is a Mental Health Consultant with Easterseals MORC, who is passionate about helping children thrive by supporting the adults in their lives. She brings extensive experience as a clinician, educator, researcher, and consultant, and enjoys collaborating with caregivers, clinicians, educators, and multidisciplinary teams in a variety of settings.

Lyndsey is a doctoral student in the Social Work and Infant Mental Health Dual-Title program at Wayne State University. Her research and professional interests include infant and early childhood mental health, attachment, parental reflective functioning, trauma informed care, and the unique role of fathers in fostering secure relationships and promoting healthy child development and family well-being.

She is dedicated to translating research into meaningful, relationship-centered practices that strengthen families and improve outcomes for children. Through collaboration, compassion, and evidence-informed practice, she strives to bridge research and practice by equipping caregivers, educators, and professionals with the confidence to help every child and every adult who supports them thrive.

Parent-Child Relationships and Infant Mental Health

Did you know that a child's earliest relationships help shape how they understand themselves, manage emotions, and connect with others? Infant mental health focuses on supporting the social and emotional well-being of young children within the context of their relationships with caregivers.

We can help families and providers:

· Strengthen parent child connection
· Better understand the meaning behind a child's behavior
· Support caregivers through challenging moments
· Promote healthy emotional development through responsive caregiving

Small moments of connection can make a lasting difference. Interested in learning more or discussing ways to support the families you serve? Reach out!

Consultant Contact: **Lyndsey Kondor at lkondor@eastersealsmorc.org**

Early Childhood and Infant Mental Health

Did you know that we Infant and Early Childhood Mental Health Consultation (IECMHC)? This supports caregivers and educators by strengthening their ability to promote children's social and emotional development by working in the daycare or preschool to:

- Support healthy emotional development
- Address challenging behaviors positively
- Create equitable learning environments

Consultant Contact: **Jennifer Smith at jsmith@eastersealsmorc.org**

Building Trauma-Responsive Schools

As we partner with schools to create safe, supportive, and trauma-responsive environments, we encourage our co-located schools to complete the Trauma Responsive School Assessment where we:

- Identify strengths
- Evaluate current practices
- Discover opportunities for growth
- Support student well-being and resilience

We also continue strengthening community partnerships through ongoing training and learning opportunities. Recent national webinars have provided valuable insights and connections that help us bring new ideas and resources to local schools.

For more information about the assessment or training opportunities, please contact us.

Consultant Contact: **Jenny Hoggatt at jhoggatt@eastersealsmorc.org**

Mental Health Support Groups

Schools are seeing a growing need for mental health support, including increased IEP services and social-emotional interventions for students. We can work alongside school staff to help develop and implement groups within school settings.

Examples of groups include:

- TRAILS
- Coping Skills
- Teen Empowerment
- Substance Use Prevention

Together, we can create meaningful opportunities for students to build resilience, strengthen coping skills, and thrive.

Contact us to learn more about partnering with your school.

Consultant Contact:
Heather Craft at hcraft@eastersealsmorc.org

Integrated Health: Supporting Whole-Person Wellness

Integrated health connects medical, behavioral health, and social supports to address the whole person. For healthcare providers, school staff, and community partners, this approach helps improve outcomes, reduce barriers to care, and support overall well-being.

We offer psychoeducation, trainings, presentations, and professional development focused on the connection between mental and physical health. Through evidence-informed learning, we help staff better understand current trends and their impact on children, adolescents, and adults, empowering teams to provide more effective support to the individuals and families they serve.

Interested in a training or presentation for your team? Consultant Contact:
Stephanie Schiff at sschiff@eastersealsmorc.org